

THE CLIFFDWELLER

****The White Cliffs Community Newsletter****

August 2007

Volume 18, No. 8

**The General Manager's
Corner**

Restaurant Hours:

The Restaurant Hours for August and September are as follows:

Wednesday: 11:30 AM – 9:00 PM
Thursday: 11:30 AM – 9:00 PM
Friday: 11:30 AM – 9:00 PM
Saturday: 11:30 AM – 9:00 PM
Sunday: 11:30 AM – 8:00 PM

Please call 508-888-8700 for reservations. **Reservations are strongly recommended.**

National Chef Professionalism

Award: We are pleased to announce that our Executive Chef, Michael Beriau, received the 2007 American Culinary Federation National Chef Professionalism Award July 23rd in Orlando, Florida. Chef Beriau was one of four finalists competing for this prestigious honor. It is awarded to the chef who displays the highest standards of professionalism through certification, continuing education and training, culinary competitions and community involvement. Please join us in congratulating Chef Beriau!

Annual Meeting: The Owner's Annual Meeting has been scheduled for Monday, August 13, 2007 from 6:00 PM – 8:00 PM. Your Board encourages all owners to attend. For those owners unable to attend, please sign and return your proxy. Proxy votes for the Annual Meeting are used only to establish a quorum.

WCCA Recreation Committee: A position has recently become available on the Recreation Committee. The Board of Governors is seeking interested members who would like to serve on the Committee. Submit your qualifications and interest, in writing, to the General Manager's office.

Membership Directory: If you have not picked up your directory, they are available at the General Manager's office. You may stop by to pick up your copy (one per membership). The directory includes: General Information (i.e. administrative telephone numbers and email addresses, facilities hours of operations, restaurant hours, BOG list, Committees); 2007 Member Directory; WCCA Rules and Regulations; and WCCA By-Laws.

The next Board of Governors meeting will be held on August 23, 2007 at 7:00 p.m. in The Cliff

House. The Board encourages owners to make every effort to attend this monthly meeting.

Clubhouse News from Jennifer Alman

Member Social Events

It is hard to believe that we are three quarters of the way through the summer!

We are now taking reservations for The Annual Labor Day Party on Sunday September 2nd! Call now to reserve a spot at the last event for summer 2007! Cocktails are at 7:00 and dinner is at 7:30. The cost will be 24.95++ .Come dance the night away! The Menu and details are attached.

The Blue Tee League Social will be on Friday August 17th. Please be sure to call for reservations, 508-888-8701. The event will start at 6:00 and dinner will be served at 7:00. The dress code is golf casual (no jeans) with men wearing a collared shirt, please.

The next scheduled social event for WCCA is The Annual Golf Banquet on Friday October 5th. Details will be available shortly.

I always welcome new ideas and suggestions. Please email me at jena@whitecliffsc.com

PLEASE NOTE THE FOLLOWING CLOSINGS: The Club House will be closed for dinner on Sunday September 2nd for The Annual Labor Day Party

Golf Maintenance Notes from Lianne Larson

July and August are typically tough months to grow grass. This summer has been one of the toughest. The high humidity, lack of rainfall, and the warmer than normal temperatures are making the turf stressed out. The high humidity levels create the perfect growing environment for all kinds of disease. The disease pressure forces more spray applications resulting in a weaker turf grass plant.

We are currently experiencing a disease known as Summer Patch on many greens. Summer patch attacks the poa annual plants. Once the poa plant is compromised by the fungi it begins to turn yellow, weakens, and will die if the plant remains under high stress. The best cure for summer patch is a less aggressive cultural program; many spray applications, cooler and drier nighttime temperatures, and reduced traffic in the affected areas.

The next month will be spent keeping the turf alive, regular maintenance, 2008 budget drafts, and planning fall projects.

Dates to Remember:
SEPTEMBER 10th course closed
Green and Fairway aeration

Golf Landscape Notes from Rich Rideout

The annual flowers are in full bloom. We will continue to water and fertilize the annuals as the summer moves along. Clover Landscaping has completed the summer pruning program for this season. The Landscape Department will prune areas as needed.

For August, we will continue to weed and apply Round-Up to the areas that are in need. The Rotation is as follows: Community, Players, Twelfth Hole, Fairway Green, Twinwoods, Cliffside and Seacliff.

Also, we are continuing to do projects this month in the order that the requests are received. We are happy to give you a proposal if you call or email the Landscape Office.

Mutt Mitts are located along White Cliffs Drive between Players and Seacliff. Please help us keep White Cliffs clean by picking up after your pets.

The Landscape hours are Monday through Friday from 7:00 a.m. until 3:30 p.m. We have a new email address this year – wcccturf@comcast.net.

Golf Shop Notes from Golf Professional Rick Baptist

Hello everyone, August is here and the golf is certainly heating up along with the weather. Our Club Champions were determined this past weekend during multiple thunderstorms that seemed to pop up all around us. Thanks to all who participated and showed much patience during the small delays. The following are your Champions.

Men's Club Champion – Rick Rodricks
Ladies Club Champion – Helga Lind
Men's First Flight – Ken Hietsch
Ladies First Flight – Suzanne Luinis
Men's Second Flight – Don MacPhail
Ladies Second Flight – Beth Foresteire
Men's Third Flight – John Paul SanGiovanni
Men's Fourth Flight – Jack Corcoran
Men's Fifth Flight – Frank Dunn
Men's Sixth Flight – Bill Sullivan
Men's Seventh Flight – Stan Lacks

Thank you to all who volunteered for the Titleist / NEPGA Junior Tour event held here at White Cliffs on July 24th. The kids appreciated all of the effort that was out in to make sure that the day went well. I appreciated it even more, without your help the event cannot be held. Thank you very much.

Guys, please enter early for the Men's Member / Guest on the 11th of

August. This promises to be an exciting tournament. We will be having a barbecue buffet after golf under the tent. Titleist will also be on hand with the Mobile Pro Shop. Sales representative David Moynihan will be showing all of the product from Titleist and Cobra Golf on the second hole while you get a chance to win a free dozen golf balls. This particular member guest will be a one best ball of two. We are limited to 96 players so please sign up now.

RED TEE LEAGUE

The Red Tee League held a very successful Member/Member Tournament on June 10-11. Sixty ladies participated and everyone had a great time. Lunch was served in the tent and trophies were awarded. We anticipate making this tournament an annual event.

We're gearing up for our fall Member/Guest Event to be held on September 19. The theme is "The Wild West", so find your cowboy hats and scarves. The committee will have some fun and interesting twists for this event, I'm sure! We'll keep you posted.

Thank you for your participation.

Upcoming Events

Monday August 6th – 8 am Member Shotgun
1pm Trading Post Outing

Saturday August 11th – 8 am Men's Member Guest

1pm Member Shotgun & Condo 1 Outing

Sunday August 12th - 1pm Member Shotgun & Condo 4 Outing

Wednesday August 15th – Nine Hole Invitational

Friday August 17th – 5pm Nine & Dine

Saturday August 18th – 1pm Member Shotgun & Condo 3 Outing

Sunday August 19th – 1pm Member Shotgun & Condo 6 Outing

Saturday August 25th – 1pm Member Shotgun & Condo 2 Outing.

Tuesday August 28th – YMCA Outing

Special Activities

Couples Bridge:

July Couples Bridge Winner:

1. Mary Lou Ivey & Carole Kirtland
2. Barbara Sullivan & Debbie O'Duggan
3. Colleen & Ron Kindberg
4. Evelyn & Wolfe & Stan Lacks
5. Dawn & Emil Boudreau

August Couples Bridge is August 9th.

Cocktails	–	6:00 PM
Dinner	-	6:30 PM
Bridge	-	7:00 PM

If you have any questions, or would like to sign up, please call Joanne Digirolomo at 781-585-6373.

Bridge: Ladies Bridge is held Wednesday afternoons at 1:30 p.m in The Cliff House. Please all Joanne Digirolomo at 781-585-6373.

The **Mah Jongg Group** meets on Thursdays at 1:00 in The Cliff House. If you are interested in joining this group, contact Arlene Pierce at 508-833-8520.

Aquarobics: Classes are held on Monday and Thursday mornings from 8:45 a.m. until 9:45 a.m. Please come join us and have some fun! Please call Ruth Lenehan at (508) 833-8719 if you have any questions, or would like to sign up for a session. All are welcome!

The pool is reserved for Aquarobics at these times.

General Information

Reservations for Member Functions and Restaurant – 508-888-8700/01

Restaurant Hours for August are:

Wednesday: 11:30 AM – 9:00 PM
Thursday: 11:30 AM – 9:00 PM
Friday: 11:30 AM – 9:00 PM
Saturday: 11:30 AM– 9:00 PM
Sunday: 11:30 AM– 8:00 PM

Telephone Numbers:

Clubhouse/Office:
508-888-8700/01

David Mastroianni, General Manager
Jen Alman, Private Functions & Member Events

Accounting Department:
508-888-6214

Michael Hogan, Controller
Cheryl Johnson, Member Billing

Landscape Department and Golf Maintenance Department:
508-888-0793

Lianne Larson, Director of Operations
Richard Rideout, Landscape
Bob Matthews, Golf Maintenance

Golf Shop:
Rick Baptist, Golf Pro
508-888-2110

E-Mails:

David Mastroianni
davidm@whitecliffssc.com
Debbie Sylva
deb@whitecliffssc.com
Jen Alman
Jen@whitecliffssc.com
Louise Houston
lshouston@capecod.com
Rick Baptist
RBAP3@aol.com
Lianne Larson
wcccturf@comcast.net

LANDSCAPE COMMITTEE

As the seasons turn, turn, turn, so do the activities which create White Cliffs' reputation as an outstanding community of flowers and gardens. Today we are enjoying the lovely plantings, but remember that, in September, Lianne will be ordering flowers for next summer. Each condo association should submit their requests next month.

The Landscape Committee identified several projects and objectives. Upcoming activities for the committee through the summer and into the early winter will help to create a viable landscape plan over a period of five years. They are:

- Improve the patio area at the Cliff House;
- Restore the Route 3A edge which is now 20 years old. Walk around scheduled for September;
- Identify species of trees that are conducive to our climate when replacing the diseased or damaged trees. A county extension agent will meet with us in October or November;
- Assist each condo association to develop a 5 year landscape plan.
- Use monthly surveys to provide feedback to our landscape department;
- Continue to implement suggestions on the 2002 Green Committee and Churchill reports.

Each condo association has a representative on the Landscape Committee. As always, we welcome suggestions and invite you to join us on projects that interest you.

The Recreation Committee wishes to announce the survey results. With a 17% return, in the middle of the winter, your efforts were very much appreciated and we thank everyone who took the time and made the effort.

Survey results are as follows:

General Questions

Using a scale of 1-4 (with #1 representing your highest priority) please rate the following general areas in terms of your interest, and indicate how often you use each entity by circling the appropriate response.

Beach	Often (30)	Sometimes (23)	Rarely (6)
Pool	Often (27)	Sometimes (18)	Rarely (8)
Tennis	Often (4)	Sometimes (8)	Rarely (34)
Gym	Often (24)	Sometimes (19)	Rarely (11)

23 x's beach got hit as #1 priority

13 x's pool " " " " "

7 x's tennis " " " " "

0 x's gym " " " " "

Beach Area:

- How satisfied are you with the cleanliness of the beach area?
11 very satisfied, 23 satisfied, 16 not satisfied, 6 no opinion
- How supportive would you be of the opportunity to purchase box lunches from the Club?
13 very supportive, 15 supportive, 29 not supportive, 3 no opinion

Swimming Pool Area & Tanning Area:

- How necessary do you feel it would be to hire an attendant to supervise the pool area, oversee the tanning area, and monitor the downstairs hallway?
7 very necessary, 12 necessary, 35 not necessary, 1 no opinion
- Current pool rules state no food or beverage allowed in the area. How supportive would you be to changing the rules to allow food and beverage in the pool and/or tanning areas?
18 very supportive, 19 supportive, 7 not supportive, 13 no opinion

Tennis Court Area:

- Do you find the courts in good condition upon arrival and after others have finished playing?
12 frequently, 4 sometimes, 2 rarely, 29 no opinion
- On a scale of 1-4, with #1 representing most important, please rank the desirability of:
4 x's establishing a tennis league got hit for #1 importance
7 x's offering tennis clinics got hit for #1 importance
4 x's organizing inter-club competitions got hit for #1 importance
6 x's organizing regularly scheduled evening matches got hit for #1 importance
- As a member of the WC community, how supportive would you be of establishing a contact list of those interested in playing tennis?
18 very supportive, 10 supportive, 1 not supportive, 10 no opinion

Fitness Center:

- How important would it be to have an attendant available to help with the use of the equipment?
5 very important, 9 important, 38 not important, 2 no opinion
- Would you use the Fitness Center more if:
there were different types of equipment.....23 hits
if it had less equipment.....2 hits
it was cleaner.....6 hits
it was cooler.....7 hits
it had better ventilation..... 19 hits
no opinion..... 12 hits
- Which of the following fee-based services would you like to see offered through the fitness center?
Yoga 28 votes
Palates 13 votes
Aerobics 14 votes
Massages 21 votes
Personal Trainer 22 votes

Note: There are eight (8) pages of summarized comments pertaining to each specific area. Anyone wishing to ascertain a copy of those comments for personal interest may feel free to contact any member of the Recreation Committee. Results indicated area priorities to be beach, pool, fitness center, and tennis, in that order.

- Current updates:
- A part-time pool attendant has begun employment at White Cliffs and “Francesca” is welcomed for overseeing safety and enforcing pool regulations.
- Due to abuse of pool privileges and the passing of key cards, the Committee felt hiring a part-time pool attendant was a step in the right direction for safety and residents’ use.
- The gym is being reconfigured and the first phase of new equipment will be installed this month.
- There are presently new equipment boards, jacket hooks, sanitized wipes (simple green solutions) and a new television.
- Ball and mat storage are due in August.
- An on-going maintenance program is now in place.
- The ventilation system has undergone “analysis” from outside HVAC professionals and further improvements in the air system are forthcoming.
- A reminder to all with regards to the beach area..... “what goes down/goes up!”
- With the Committee’s approval, and under Lianne Larson’s supervision, any loose items found strewn and/or left on the beach will be confiscated and disposed.

*****if approved at Thursday’s BOG meeting, add this *****

For added safety, and for the protection of all, direct lines for 911 emergency calls will be available in the gym as well as the pool area.

Recreation Committee

In response to your wishes in the Survey, we have two new and exciting classes to offer:

Annette Troiano, a recent new owner on Cliffside Drive, has 23 years in the Fitness business with certifications from the American Council on Exercise, AFAA Personal Trainer, Spinning, Step and **Pilates**. She has done everything from aerobics to upper management in a full health facility in Westchester, NY, that has 10,000 members. She has also studied Nutrition along with Anatomy and Physiology. Most important, she loves teaching people about exercise and healthy living and is looking forward to starting an evening Pilates class. For the moment, the class will be free.

Linda Sheldon is ITKYA and YOGAFIT Certified and has been teaching **Yoga** for over 40 years. She also has a MA in Psychology and a MPA in Public Administration. Kundalini Yoga combines breathwork, yoga postures, stretching and meditation to enhance the balance between body and mind. It promotes flexibility, strength, increases lung capacity, revitalizes the body, reduces stress, improves balance, enhances focus and strengthens the nervous system. As the class progresses, based on the level of the students and their wishes to expand what the class encompasses, Linda will refocus the class to include some Pilates exercises and light weight training, if desired. We are offering a one-hour night class (day classes are also an option). The cost is \$60 for 6 weeks.

If you are interested in either of these classes, there are two sign-up sheets outside the Club Room (across from the Pro Shop). Please be sure to specify time preference. Depending upon the response, these classes could start in the month of August.

YMCA/WCCC CHARITY GOLF TOURNAMENT

August 28, 2007

Tee Time: 1:00 PM

The Fourth Annual YMCA/WCCC Charity Golf Tournament is less than a month away and plans are falling into place for this popular event. The tournament will give all its proceeds to the Plymouth YMCA. This will provide scholarships for Plymouth children to attend YMCA-sponsored Camp Clark during the summer. Camp Clark is less than a mile from White Cliffs on Hedges Pond Road. Scholarships will also be given to Plymouth children for YMCA-sponsored before and after-school child care.

White Cliffs residents Andy Miller, Rip Bloodgood, Berj Hovsepien, Bill Raabe and Ted Widmayer are working with Lance Kennedy, Director of the Plymouth YMCA and members of the Plymouth YMCA Board of Directors. Rick Baptist has been meeting with this group providing his expertise in preparation for the tournament. Some residents from the White Cliffs community have volunteered to assist with the tournament and others have registered to participate. The field of golfers is rapidly filling but there is room to accommodate more. If you wish to register please do so ASAP while room is still available. Registration forms are available in the clubhouse.

White Cliffs residents wishing to support the charity tournament but don't wish to play golf may donate items for the raffle or the live auction. Items with a value of less than \$100. will be used in the raffle and those with a value of more than \$100. will be used in the live auction. This year the "live auction" will feature a professional auctioneer who is volunteering his services. We already have many awesome items but are looking for more. Does anyone have a time-share to donate or sports tickets you would like to contribute? Do you have a favorite restaurant or store you frequent who would give you a gift certificate. Remember, these items (\$100.-up) are tax deductible and all the proceeds go to Plymouth children. Call Suzanne Miller at 508-833-6526 with your thoughts or donations. Jean Paterson and other volunteers are selling raffle tickets at the club and elsewhere on campus and will do this through tournament day. Raffle ticket sales provide a significant portion of the proceeds and provide another option for supporting the tournament.

Following the tournament there will be festivities in the "Tent", which will include a wonderful meal, tournament prizes, raffle prizes and a live auction. There is a \$40. charge for anyone wishing to join the festivities in the "Tent." The tournament is one of the events jointly sponsored by the Plymouth YMCA and the White Cliffs community. Please mark August 28th on your calendar! Rain date is September 18th at 1:00PM.

Join us for the
Labor Day Celebration!
Sunday, September 2, 2007
7:00 Cocktails in the tent
“Live Entertainment”



*Crudite with Assorted Dips
Assorted Rolls and Butter*

Buffet:

*Grilled Marinated Mediterranean Vegetables, Potato Salad, Baked Beans,
Corn on The Cob
Barbecued Chicken, Hamburgers & Hot Dogs
Watermelon*

*Brownies & Cookies
Coffee, Tea, & Decaf*

**music by
Kristhani**

Reservations Are Required, Club house dress code will be enforced.

888-8701

\$24.95++

“WILD WILD WEST”

Red Tee League

Member/Guest Tournament

Wednesday, September 19

7:30: Coffee, Tea, and Muffins

8:30: Shotgun

Luncheon in the Tent

\$55 per person plus cart

Will be billed to your account

Sign Up as a TwoSome – the Pro will find you another twosome

Name

Club

GHIN No

OR --- sign up as a foursome!!

Don't forget to pick up your guest's invitation in

the Pro Shop when you turn in this form

Western Attire!!

Hit 'em straight, Cowgirl!!